

Questions to ask your breast surgeon



These questions are designed to support you to get the most out of your appointment with your breast surgeon.

1. What types of breast reconstruction are available?
2. What type of reconstruction would you recommend for me?
3. How many reconstructions have you done, and do you have any photos to show me?
4. How many surgeries are needed to perform the reconstruction?
5. What kind of anaesthesia will I have and how long does the surgery take?
6. How many drains will I have and how long will they be in?
7. Will there be any sutures to remove after surgery?
8. What is normal recovery in terms of pain and how long is recovery?
9. What kind of complications can occur with this type of surgery?
10. What can I do to minimise the scarring? How many years do my implants last?
11. What costs will I incur with your services both in and out of hospital?
12. What will my lifting restrictions be, and can I work?
13. When should I start physiotherapy and exercise?
14. What if I'm not satisfied with the results?
15. If I have expanders, will I wake up with breasts – if so what size?
16. How many times do you fill the expanders and how much is put in each time?
17. How long will it take between the first mastectomy surgery (when expanders are put in) and the exchange surgery (when the implants are put in)?
18. Will I have drains with the exchange surgery?
19. How long will my recovery be?
20. With Tram Flap and DEIP surgery, what is the recovery time and what will the scars look like?

Further information and additional resources can be found on our website
www.pinkhope.org.au