

# Questions to ask your Genetic Counsellor



**These questions are designed to support you to get the most out of your appointment with your genetic counsellor.**

---

## Genetic Testing

1. What are the benefits and risks of genetic testing?
2. Is genetic testing an option for me? What does the test involve?
3. How long does it take to get the test results?
4. How much does genetic testing cost? Does my insurance cover it?
5. What are the confidentiality issues for the results?
6. What are the issues our family needs to think about when considering genetic testing?
7. What will it mean for other family members?
8. What are my options, if I am at a higher risk for breast/ovarian cancer or if I am found to have a mutation in a breast cancer gene?
9. Are my family members (i.e., daughter, sister, mother and male relatives) at a higher risk for breast and other cancers? What precautions do you recommend?
10. What does it mean if I am told that my test was non-informative? What are my options if this occurs?

Further information and additional resources can be found on our website  
[www.pinkhope.org.au](http://www.pinkhope.org.au)

